Family Protective Strategies

Check off where you stand on each of these.

Family Protective strategies	I'm not working on this yet.	I already do this.	I plan to work on doing this.
Compliment the good in each family member daily(Required)			
Spent time with each kid doing "My Time" daily(Required)			
Pleasantly eat together as a family 3x per week(Required)			
Hold weekly Family Meetings(Required)			
Spend time as a family doing fun things(Required)			
Talk to kids about dreams and goals(Required)			
Enforce fair family rules(Required)			
Talk about ATOD standards(Required)			
Encourage and support school work(Required)			
Divide household chores between family members(Required)			
Have and enforce a curfew for kids(Required)			
Encourage activities that promote positive self worth(Required)			
Help kids develop pro-social skills(Required)			
Monitor kid activity (with whom, where, when)(Required)			
Get to know kids' friends' parents and ATOD rules(Required)			
See that our kids stay in ATOD-free social settings(Required)			
Make sure prescription drugs and alcohol are secured(Required)			
Promote fun ATOD-free alternative activities for kids(Required)			

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