Conversation Cards for Happy Meals

Having conversations with your kids is an effective way to increase family bonding.

Cut out the question cards found below, place in a jar, and put it in the center of the dinner table. If you don't have a printer, just write these questions on a sheet of paper and cut them out. Feel free to allow your kids to decorate the jar!

During the family meal, take turns drawing questions from the jar. Make sure everyone gets a chance to answer each of the questions! Describe why as part of your answer.

Discuss! Take turns answering the question. Be polite, encouraging, and don't bring up anything negative. This time is to get to know each other better and bond. Leave arguments out of Happy Family Meals!

Describe what you would do in a perfect weekend.

If you could earn a lot of money by eating the same meal for breakfast , lunch and dinner for an entire month, what would it be?

If you could choose just one household chore to do, what would it be?

What is one thing you want to do before the year ends?

If you created a family business together, what would it be?

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