My Family Freedom Pledge Card

Children pledge to avoid alcohol, tobacco, and other drugs which harm their brains. Adults pledge to honor their responsibility to help kids maintain their pledge.

Our Agreement

Children pledge:

Sign your name at the bottom to indicate you agree to the following:

- BECAUSE alcohol, tobacco, and drugs can negatively alter the neuro-pathways of my brain and cause me to become addicted, and
- BECAUSE I VALUE my freedom and refuse to become a slave to greedy drug dealers or alcohol and tobacco companies who would profit from my addiction, and
- BECAUSE I want to ENJOY life and protect my brain's ability to sense fun and pleasure from natural highs, and
- BECAUSE I have the power to make SMART choices and keep my brain fully functioning and addiction free,
- THEREFORE I promise to stay alcohol, tobacco, and drug free.

Parent pledge:

Sign your name at the bottom to indicate you agree to the following:

BECAUSE we as parents respect and support our children in these important choices, we will honor our responsibilities as parents and commit to provide a supportive, loving family atmosphere, set clear rules, and boundaries of no underage drinking, drug, or tobacco use; help our kids enjoy life through safe, alcohol-free fun; and monitor their activities to ensure our kids stay in an alcohol and drug free social environment.

I agree!

Signature	Signature	Signature
Signature	Signature	Signature

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