Consequences

You should have a say in consequences for bad behavior. This week, in the family meeting, you will be discussing consequences for minor, medium and major offences. Select the ones here that you think will be most effective.

Consequence	Severity
	☐ Minor ☐ Medium ☐ Major
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	☐ Minor ☐ Medium ☐ Major
	☐ Minor ☐ Medium ☐ Major

Example Minor Consequences

- Dust picture frames
- Dust furniture
- Wash a window
- Wipe baseboards
- Clean door handles & light switches
- Scrub the shower or tub
- Fold clean laundry
- Clean kitchen appliance fronts (stove, fridge, etc.)
- Clean the toilets
- Empty the trash bins
- Clean dining room or kitchen floor
- Vacuum floors
- Sweep porch

Example Medium Consequences

- Lose 15 minutes screen time
- Kitchen duty after dinner
- No game console for a day
- Clean the bathroom, top to bottom
- Do your siblings chores today
- Phone must be put away for rest of day
- Do the family laundry
- Deep clean the fridge, wash all shelves
- Clean all windows in the living room
- Clean, vacuum & wipe interior of parent's car
- Pay a fine
- Wash out the trash cans
- Help with hard yard work

Example Major Consequences

- Time out for 15 minutes (no screens)
- No phone for two days
- Not allowed to see friends for two days
- No going out in the evening for two days
- Grounded for the weekend
- No ride to any activity for 2 days
- Sweep or vacuum all the floors
- Favorite toys or clothing put away for two days

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